

Conquering Cursive™

Right-Hand Workbook

Step-by-step instruction and activity pages
for writing cursive successfully.

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Conquering Cursive™ Handwriting Overview

Our purpose for developing a formal handwriting curriculum is to provide a program that uses consistent and practical language appropriate for students of any age. The reality is that students learn and review handwriting at different ages.

In this program, directional terms are used so that students are not distracted or misdirected by the need to visualize (e.g. asking students to visualize a cave to reproduce the letter c or d). When writing a letter, directional terms help students verbally guide the pencil strokes. Furthermore, using directional terms helps students understand and apply the concepts of left and right and up and down, both on paper and with motor skills. Starting points are provided to facilitate proper pencil placement as the student begins to write each letter.

Handwriting is a complex motor skill. Bilateral coordination, muscle tone, kinesthetic awareness and repetitive sequencing are essential motor skills for mastery of handwriting. These developmental components are incorporated into the Conquering Cursive™ handwriting curriculum. Here are some helpful teaching tips:

Key Points

- > Begin by observing the students' posture while seated. Have the students sit with backs straight, feet on the floor, and legs under desks.
- > Prompt the students to use their helper hand to hold the workbook.
- > Check each student's pencil grip to be sure the index finger is opposite the thumb, pinching the pencil; the middle finger is under the pencil, supporting the pincher grip.
- > Review directional terms — *left, right, up, down*.
- > When introducing a letter, closely monitor how the student writes the letter until consistent letter formation is attained.
- > Remind students to keep letters within a word close together and to leave space between each word.

A Few Suggestions

- > If the student is having difficulty remembering the instructional sequence, offer shortened phrases for them to repeat (e.g., for lower case p say "up, down, up and around").
- > If the student applies too much pressure, check the grip to see if more fingers or more muscles are being used to move the pencil. Having the student hold a small object in the non-writing hand may help.
- > As students advance through the workbook, make sure they are not drawing the letters but are using the prescribed sequence to write the letter.



Suggested Handwriting Warm-Ups

Timeline for using fine motor activities

- > Prior to starting a formal handwriting program
- > At the beginning of each handwriting lesson
- > Prior to any writing assignments

Activities to aid finger coordination

- > Picking up and stacking coins
- > Twirling a pencil between the fingers
- > Moving thumb, index finger and middle finger up and down the pencil shaft
- > Holding and rotating jar lids with the fingertips

Activities to enhance kinesthetic awareness

- > Writing letters using Write-On Handwriting's interactive handwriting software
- > Writing letters with eyes closed (this is incorporated on group review pages)
- > Tracing textured letters (glitter, rice, sand, clay)
- > Writing letters in sand, rice, or shaving cream

Activities to improve the sequencing of finger movements

- > Have the students name each finger as they touch each finger to the thumb — with eyes closed
- > Have the students imitate various finger-thumb sequences
- > Lock finger and thumb with the other hand's finger and thumb, and have the student imitate various thumb-finger sequences

Activities to use for prewriting warm-ups

- > Press down on seat attempting to lift body ("Seat Push-Ups")
- > Clasp hands and reach for the ceiling, keeping arms stretched forward as they are lowered in front of the chest
- > Swing pencil using only the thumb and index finger



Sample Lesson Plan

Warm-Ups

- > Seat Push-Ups
- > Rub hands together
- > Hold the pencil (15 seconds) with the thumb and index finger, palm toward ceiling
- > Hold the pencil (15 seconds) with the thumb and middle finger, palm toward ceiling

Introduce a Letter or use Conquering Cursive™ Digital Workbook

- > On a chalkboard or easel show the writing line, mid line and top line
- > Write the letter on the board, stating the relationship of the letter to the line
- > Write the letter a second time, emphasizing the height of the letter and direction of the movements
- > When using the handwriting software, connect a computer to an interactive whiteboard or projector
- > The software may also be used individually by students

Reinforce Kinesthetic Movements

- > On each lesson page, student traces the letter with the index finger of writing hand
- > Student traces the letter with a pencil
- > When tracing, help the students say the direction as they move their fingers or their pencils (e.g., curve up, dive down)

Pencil & Paper Movements

- > Begin writing the letter on the lines provided
- > As the students progress down the page, ask them to write the letter, or group of letters with their eyes closed — letter formation should become automatic

Conquering Cursive™ Digital Workbook — Interactive Handwriting Software

The Conquering Cursive™ Digital Workbook (interactive handwriting software) is a student-guided computer program that brings multiple senses to the task of learning to write. Even reluctant writers learn to write quickly and legibly. Students learn the proper spatial orientation and sequential movements of letter formation as they use a computer mouse — the modern-day equivalent to writing in the air or on the chalkboard. This helps build the motor memory needed to reproduce letters using the finer coordination required by a pencil.

The software's step-by-step strategy for teaching handwriting complements the exercises contained in the companion Conquering Cursive Paper Workbook. Efficient handwriting follows from repeated practice. By using both tools, educators break the tedium frequently associated with handwriting instruction through fresh, engaging and diverse exercises.

Handwriting really can be fun!



Identify the Lines

Identify the lines with these words:

Top Line _____
Mid Line - - - - -
Writing Line _____

Make a square on the Top Line.

Top Line _____
Mid Line - - - - -
Writing Line _____

Make a circle on the Mid Line.

Top Line _____
Mid Line - - - - -
Writing Line _____

Make a triangle on the Writing Line.

Top Line _____
Mid Line - - - - -
Writing Line _____



Learn the Language

Curve right, up to the mid line — like the letter *c*.

c

Slant up to the mid line — like the letter *r*.

r

Curve right, up to the top line; curve left — like the letter *l*.

l

Dive down past the writing line; loop left — like the letter *j*.

j

Retrace down past the writing line; loop right — like the letter *g*.

g

At the mid line, dip right — like the letters *b o n w*.

b o n w

Retrace down to the writing line or along the writing line — like the letters *a u s*.

a u s



The Curve Letter

c is c in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace around to the left.
4. Curve along the writing line.

c

• • • •

cc

ccc



The Curve Letter

a is *a* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace left, down to the writing line.
4. Go up to the mid line.
5. Retrace down to the writing line.

a . . .

aa

ca

ac

aac

aaa

acc



The Curve Letter

d is *d* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace left, down to the writing line.
4. Go up to the top line.
5. Retrace down to the writing line.

d

da

dad

add

dad

ddca

aaddcc



The Curve Letter

g is *g* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace left, down to the writing line.
4. Go up to the mid line.
5. Retrace down past the writing line; loop left.

g

gg

gac

gad

cadg

gadga



The Curve Letter

o is *o* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace left, down to the writing line.
4. Continue curving around, up to the mid line.
5. At the mid line, dip right.

Handwriting practice lines showing the formation of the cursive letter 'o' and its use in words. The letters are written on a set of three horizontal lines: a solid top line, a dashed midline, and a solid bottom line.

o

oo

oc

oa

go

cod

odd

cadgo



The Curve Letter

q is *q* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Retrace left, down to the writing line.
4. Go up to the mid line.
5. Retrace down past the writing line; loop right.

q

q

qq

cq

aq

dq

oq

q g



c a d g o q

Review Page

Instructions:

1. Read and name the letters.
2. Spell each one as you write it in cursive.
3. Write each one in cursive a second time with your eyes closed.

ca

da

go

qa

add

odd

dog

good

cadgoq



The Dive Letter

i is *i* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Dive down to the writing line.
4. After writing the letters, dot the *i*.

i

ii

id

ig

igo

did

dig

aid



The Dive Letter

j is *j* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Dive down past the writing line; loop left.
4. After writing the letters, dot the *j*.

j

jj

jij

jji

jo

jag

daji

cadgjq



The Dive Letter

t is *t* in cursive

Instructions:

1. Start on the writing line.
2. Slant up past the mid line.
3. Dive down to the writing line.
4. After writing the word, lift your pencil.
5. At the mid line, go left to right.

t

tt

it

to

eat

jot

dot

attic



The Dive Letter

p is *p* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Dive down past the writing line.
4. Retrace up to the mid line.
5. Curve right, down to the writing line.
6. Curve left, along the writing line.
7. Retrace right, along the writing line.

p

pp

pit

pat

pad

pod

gap

top



i j t p

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

to

top

jog

jot

pig

dig

pit

tip

toad

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The Loop Letter

e is *e* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the mid line.
3. Curve left, down to the writing line.

e

ee

eat

tea

ace

egg

deep

dice



The Loop Letter

l is *l* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Curve left, down to the writing line.

l

ll

eel

let

leg

peel

call

told



The Loop Letter

f is *f* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Curve left.
4. Dive down past the writing line.
5. Loop right.

f

ff

elf

off

fell

left

face

deaf



The Loop Letter

h is *h* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Curve left; then dive down to the writing line.
4. Retrace up to the mid line.
5. Curve right, down to the writing line.

h

hh

help

hill

chip

tight

fight

that



The Loop Letter

k is *k* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Curve left; then dive down to the writing line.
4. Retrace up to the mid line.
5. Make a small loop; then curve right down to the writing line.

k

kk

leak

kick

kite

peek

dock

clock



The Loop Letter

b is *b* in cursive

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Curve left, down to the writing line.
4. Continue curving right, up to the mid line.
5. At the mid line, dip right.

b

bb

bat

beep

bead

feeble

pebble

table



e l f h k b

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

ball

hall

fall

bite

leaf

half

thick

black

choke



e l f h k b

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

joke

chat

talk

peel

blade

flight

flake

ticket

kettle



The Hill Letter

n is *m* in cursive

Instructions:

1. Start on the writing line.
2. Curve up to the mid line.
3. Curve right, down to the writing line.
4. Retrace up to the midline.
5. Write 1 more hill.

m

mm

met

fan

pan

land

might

think

m
1 2



The Hill Letter

m is *m* in cursive



Instructions:

1. Start on the writing line.
2. Curve up to the mid line.
3. Curve right, down to the writing line.
4. Retrace up to the midline.
5. Write 2 more hills.



m

mm

elm

game

meat

team

might

memo



m m

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

then

them

bank

beam

plan

meal

need

change

hand



The Slant Letter

r is *r* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Slant down to the right.
4. Curve down to the writing line.

r

rr

ran

grab

read

mark

pair

learn



The Slant Letter

s is Δ in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Curve right, down to the writing line.
4. Curve left, along the writing line.
5. Retrace right, along the writing line.

Δ

ss

so

is

scars

skirts

shelf

smear



π Δ

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

sore

rose

self

shirt

scare

start

lakes

strange

racket



The Valley Letter

u is *u* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Dive down to the writing line.
4. Curve right, over and up to the mid line.
5. Retrace down to the writing line.

u

uu

up

use

fuel

shout

judge

group



The Valley Letter

w is *w* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Dive down to the writing line.
4. Curve right, over and up to the mid line.
5. Dive down to the writing line.
6. Curve right, over and up to the mid line; dip right.

w

www

we

was

flew

swim

where



The Valley Letter

v is *v* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the mid line; dip right.

v

vv

van

vat

ever

visit

shave

volume



The Valley Letter

y is *y* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the mid line.
5. Retrace down past the writing line; loop left.

y

yy

yes

moisy

funny

symbol

quality

yesterday



u w n y

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

quick

vowel

queen

lucky

yellow

woven

poverty

beverage

frequent



The Slide Letter

x is *x* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Slant right, down to the writing line.
4. Lift your pencil.
5. At the mid line, slant left down to the writing line.

Handwriting practice lines for the cursive letter 'x'. The page contains several rows of three-line guides (top, midline, bottom). The first row shows a single cursive 'x' followed by three dots on the writing line. The second row shows three cursive 'x's. The third row shows the word 'tax'. The fourth row shows the word 'extra'. The fifth row shows the word 'excite'. The sixth row shows the word 'express'. The seventh row shows the word 'fixture'. The eighth row shows the word 'maximum'.



The Grand Finale

z is *z* in cursive

Instructions:

1. Start on the writing line.
2. Slant up to the mid line.
3. Curve right, down to the writing line.
4. Go right.
5. Dive down past the writing line; loop left.

z

zz

zoo

zany

quiz

puzzle

freeze

wizard



x z

Review Page

Instructions:

1. Read and spell the word.
2. Spell the word as you write it in cursive.
3. Write the word in cursive a second time with your eyes closed.

zero

jazz

size

axle

maze

oxen

extra

snooze

example



The n Connector

Remember:

1. Where one letter ends, the next letter begins.
2. *n*'s have 2 hills; count the connector.

Connector line



on connects as *on*

wn connects as *wn*

none

honor

wonder

own

brown

dictionary

solution



The n Connector

Remember:

1. Where one letter ends, the next letter begins.
2. *n*'s have 2 hills; count the connector.

Connector line



alone

money

blown

wrong

motion

honesty

imitation

monopoly

monument



The m Connector

Remember:

1. Where one letter ends, the next letter begins.
2. *m*'s have 3 hills; count the connector line.

Connector line



*o*_{1,2,3} connects as *o*_{1,2,3}

come

home

from

some

omit

room

somber

bloom



The m Connector

Remember:

1. Where one letter ends, the next letter begins.
2. *m*'s have 3 hills; count the connector.

Connector line



custom

random

promise

promote

compose

comfort

recommend

accomplish

phenomenal



The Bridge Letters

b o n w



Choose a sentence to remember:

Where one letter ends, the next letter begins.

or

Where one letter stops, the next letter starts.

basket

hammer

best

believe

bubble

burnt

boy

bizarre

bitter



The Bridge Letters

b o n w



Remember:

Where one letter ends, the next letter begins.

or

Where one letter stops, the next letter starts.

bruise

bridge

food

outside

spoil

normal

horrible

floss

hot



The Bridge Letters

b o n w



Remember:

Where one letter ends, the next letter begins.

or

Where one letter stops, the next letter starts.

over

brave

above

novel

movable

visitor

revolve

review

government



The Bridge Letters

b o n w



Remember:

Where one letter ends, the next letter begins.

or

Where one letter stops, the next letter starts.

water

wonderful

write

weather

growl

follower

would

outwit

browse



Synonym Groups

Instructions:

1. Under each word, write the synonym pairs in cursive.

answer reply

believe trust

chore job

demand request

express declare



Synonym Groups

Instructions:

1. Under each word, write the synonym pairs in cursive.

famous notable

good satisfying

helpful useful

important significant

justice fairness



Synonym Groups

Instructions:

1. Under each word, write the synonym pairs in cursive.

kind agreeable

large grand

motive purpose

nice amiable

order command



Synonym Groups

Instructions:

1. Under each word, write the synonym pairs in cursive.

perfect flawless

quit cease

responsible liable

similar comparable

terrific splendid



Synonym Groups

Instructions:

1. Under each word, write the synonym pairs in cursive.

use apply

valor bravery

way method

yell cheer

zeal enthusiasm



Capital Curve Letter

Instructions:

1. Start at the top line.
2. Curve left, down to the writing line.

C

C

Cuba

Chili

China

Croatia

Canada

Columbia



Capital Curve Letter



Instructions:

1. Start at the top line.
2. Curve left, down to the writing line.
3. Go up to the top line.
4. Retrace down to the writing line.

a

a

Africa

Algeria

Angola

Armenia

Australia

Argentina



Capital Curve Letter

Instructions:

1. Start at the top line.
2. Curve left, down to the mid line.
3. Curve left again, down to the writing line.

E

E

Egypt

Eritrea

Estonia

Ethiopia

Ecuador

England



Capital Curve Letter

Instructions:

1. Start at the top line.
2. Curve left, down to the writing line.
3. Continue curving up to the top line; loop right.

O

O

Oslo

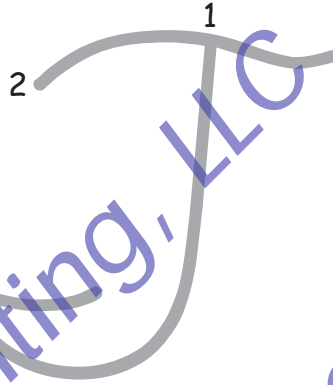
Oman

Odessa

Ontario

Oxford

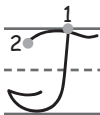
Okimawa



Capital Dive Letter

Instructions:

1. Start on the top line.
2. Dive down to the writing line.
3. Curve left at the writing line; dip right.
4. Below the top line, curve left to right.



Tibet

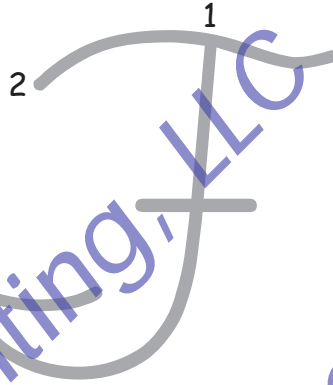
Tonga

Turkey

Taiwan

Tunisia

Thailand



Capital Dive Letter

Instructions:

1. Start on the top line.
2. Dive down to the writing line.
3. Curve left at the writing line; dip right.
4. Below the top line, curve left to right.
5. Go left to right at the mid line.





Capital Dive Letter

Instructions:

1. Start at the top line.
2. Dive down to the writing line.
3. Loop back to the left.
4. Curve right, up to the top line.
5. Loop down to the right.

D

D

Dublin

Dallas

Detroit

Denmark

Durango

Damascus



Capital Valley Letter



Instructions:

1. Start below the top line.
2. Curve up to the top line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the top line.
5. Retrace down to the writing line.

U

U

Ukraine

Uganda

Uruguay

Uzbekistan

Union City



Capital Valley Letter

Instructions:

1. Start below the top line.
2. Curve up to the top line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the top line.
6. Dip right.

U

U

Uail

Uenice

Uietnam

Uenezuela

Uancouver



Capital Valley Letter

Instructions:

1. Start below the top line.
2. Curve up to the top line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the top line.
5. Retrace, down to the writing line.
6. Curve right, over and up to the top line; dip right.

W

W

Wales

Warsaw

Wrigley

Waterloo

Washington



Capital Valley Letter

Instructions:

1. Start below the top line.
2. Curve up to the top line.
3. Curve right, down to the writing line.
4. Curve right, over and up to the top line.
5. Retrace, down to the writing line.
6. Dive down past the writing line; loop left.

Y

y

York

Yuma

Yemen

Yosemite

Youngstown



Capital Handle Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Retrace up to the top line.
5. Curve right, down to the mid line.

P

P

Peru

Paris

Prague

Poland

Portugal

Pakistan



Capital Hand Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Retrace up to the top line.
5. Curve right, down to the mid line.
6. Slant right, down to the writing line.

R . . .

R

Reno

Rome

Russia

Riviera

Rwanda



Capital Hand Letter



Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Retrace up to the top line.
5. Curve right, down to the mid line.
6. Curve right, down to the writing line.

B

B

Bali

Brazil

Burma

Berlin

Baghdad



Capital Hand Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Lift your pencil and go to the top line.
5. Slant left, down to the mid line.
6. Slant right, down to the writing line.

K

.

.

.

K

Korea

Kemya

Kabul

Krakow

Kazakistan



Capital Handle Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Lift your pencil and go to the top line.
5. Dive down to the writing line.
6. Retrace up toward the mid line.
7. Curve left, down and around to the right.

H . . .

H

Haiti

Helsinki

Hungary

Hamburg

Holland



Capital Handle Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Retrace up to the top line.
5. Curve right, down to the writing line.

n

n

Nepal

Niger

Naples

Nagano

Nigeria

Norway



Capital Handle Letter

Instructions:

1. Start below the top line.
2. Slant up to the top line.
3. Dive down to the writing line.
4. Retrace up to the top line.
5. Curve right, down to the writing line.
6. Retrace up to the top line.
7. Curve right, down to the writing line.

m . . .

m

Madrid

Mexico

Morocco

Malaysia

Montreal



Capital Curve Up Letter

Instructions:

1. Start on the writing line.
2. Curve left, up to the top line.
3. Curve right, down to the writing line.
4. Curve up to the left, dip right.

I

I

Iraq

Italy

India

Israel

Ireland

Indonesia



Capital Curve Up Letter

Instructions:

1. Start on the writing line.
2. Curve left, up to the top line.
3. Curve right, down to the writing line.
4. Dive down past the writing line; loop left.

J

J

Japan

Jordan

Jakarta

Jamaica

Jerusalem

Jamestown



Capital Letter

that is similar to
its lower case letter

Instructions:

1. Start below the top line.
2. Curve right, up to the top line.
3. Slant right, down to the writing line.
4. Lift your pencil and go to the top line.
5. Slant left, down to the writing line.

X x • • •

X

Xavier

Xanxere

Xichang

Xiangfan

Xayabury



Capital Letter

that is similar to
its lower case letter

Instructions:

1. Start below the top line.
2. Curve right, up to the top line.
3. Continue curving down to the writing line.
4. Go right.
5. Dive down past the writing line; loop left.

Z z

Z z

Zurich

Zambia

Zanzibar

Zimbabwe

Zanesville



Capital Letter

that looks like a 2

Instructions:

1. Start below the top line.
2. Curve right, up to the top line.
3. Continue curving down, along the writing line.
4. Loop up.
5. Curve right, along the writing line.

2

2

Zatar

Zuebec

Zuito

Zueens

French Quarter



Capital Loop and Curve Letter

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Loop left; then dip to the right.
4. Curve down to the writing line.
5. Continue curving left, along the writing line; dip right.

Y

Y

Guam

Genoa

Greece

Guinea

Ghana

Germany



Capital Loop and Curve Letter

Instructions:

1. Start on the writing line.
2. Curve right, up to the top line.
3. Loop left.
4. Curve right, down to the writing line.
5. Continue curving left, along the writing line; dip right.

S

S

Spain

Syria

Sicily

Sweden

Scotland

Sydney



Capital Two Loops Letter

Instructions:

1. Start below the top line.
2. Loop right, up to the top line.
3. Curve left, down to the writing line.
4. Loop back to the left.
5. Curve right, along the writing line.

L

L

Lima

Laos

Libya

London

Latvia

Lucerne



Handwriting practice lines consisting of multiple sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line.

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Review Page

Instructions:

1. Write the days of the week in cursive.
2. Start each word with a capital letter.

Days of the week

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Review Page

Instructions:

1. Write the months of the year in cursive.
2. Start each word with a capital letter.

Months of the year

January

February

March

April

May

June

July

August

September



Review Page

Instructions:

1. Write the months of the year in cursive.
2. Start each word with a capital letter.

Months of the year

October

November

December



Review Page

Instructions:

1. Write the numeral name and the ordinal name in cursive.
2. Start each word with a capital letter.

Numeral

Ordinal

One

First

Two

Second

Three

Third

Four

Fourth

Five

Fifth

Six

Sixth

Seven

Seventh

Eight

Eighth

Nine

Ninth

Ten

Tenth



Practice Lines

As you write names on these lines, imagine that the dashed mid line continues.

David David

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Practice Lines

As you write your spelling words on these lines, imagine that the dashed mid line continues.

flag flag

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, dashed midline, bottom) for writing practice.



Practice Lines

As you write proper nouns on these lines, imagine that the dashed mid line continues.

America America



Practice Lines

The lines below do not have a dashed mid line and the writing space is not as tall. As you write names on these lines, imagine the mid line.

Old line

Lisa

New lines

Lisa



Practice Lines

The lines below do not have a dashed mid line and the writing space is not as tall. As you write your spelling words on these lines, imagine the mid line.

Old line

friend

New lines

friend



Practice Lines

The lines below do not have a dashed mid line and the writing space is not as tall. As you write proper nouns on these lines, imagine the mid line.

Old line

White House

New lines

White House



Review Pages

Instructions:

1. Write the capitals and states in cursive
2. Start each word with a capital letter

Augusta, Maine

Concord, New Hampshire

Montpelier, Vermont

Albany, New York

Boston, Massachusetts

Providence, Rhode Island

Hartford, Connecticut



Trenton, New Jersey

Harrisburg, Pennsylvania

Dover, Delaware

Annapolis, Maryland

Richmond, Virginia

Charleston, West Virginia

Raleigh, North Carolina

Columbia, South Carolina



Atlanta, Georgia

Tallahassee, Florida

Montgomery, Alabama

Jackson, Mississippi

Nashville, Tennessee

Frankfort, Kentucky

Columbus, Ohio

Lansing, Michigan



Indianapolis, Indiana

Springfield, Illinois

Madison, Wisconsin

St. Paul, Minnesota

Des Moines, Iowa

Jefferson City, Missouri

Little Rock, Arkansas

Baton Rouge, Louisiana



Austin, Texas

Oklahoma City, Oklahoma

Topeka, Kansas

Lincoln, Nebraska

Pierre, South Dakota

Bismarck, North Dakota

Helena, Montana

Cheyenne, Wyoming



Denver, Colorado

Santa Fe, New Mexico

Salt Lake City, Utah

Boise, Idaho

Carson City, Nevada

Juneau, Alaska

Olympia, Washington

Salem, Oregon



Sacramento, California

Honolulu, Hawaii

Phoenix, Arizona

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Number

Instructions:

1. Start on the top line.
2. Dive down to the writing line.

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Handwriting practice lines for the number 1. The first line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The second line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The third line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The fourth line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The fifth line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The sixth line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The seventh line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The eighth line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The ninth line shows a vertical stroke starting from a dot on the top line and ending at the writing line. The tenth line shows a vertical stroke starting from a dot on the top line and ending at the writing line.



Number



Instructions:

1. Start on the top line.
2. Dive down to the mid line.
3. Curve right, down to the writing line.
4. Lift your pencil and go to the top line.
5. Go left to right.





Number

Instructions:

1. Start at the top line.
2. Dive down to the writing line.
3. Curve right, up to the mid line.
4. Curve left.

b

bb

bbb

b5

b4

b1



Number



Instructions:

1. Start below the top line.
2. Curve right, up to the top line.
3. Slant left, down to the writing line.
4. At the writing line, go left to right.

2 . . .

22

222

26

25

24

21

Blank handwriting lines for practice.



Number

Instructions:

1. Start at the top line.
2. Curve right, down to the mid line.
3. Curve right again, down to the writing line.

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3

33

333

3b

35

34

32

31



Number

Instructions:

1. Start on the top line.
2. Go left to right.
3. Slant left, down to the writing line.

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A series of horizontal handwriting lines (top, middle, bottom) with a dashed midline. The number 7 is shown in various stages of practice: 1. A single stroke starting from a dot on the top line, moving left to right, then slanting down to the bottom line. 2. A solid number 7. 3. A row of four slanted lines. 4. A row of four numbers 7. 5. A row of four numbers 7. 6. A row of four numbers 7. 7. A row of four numbers 7. 8. A row of four numbers 7. 9. A row of four numbers 7. 10. A row of four numbers 7. 11. A row of four numbers 7. 12. A row of four numbers 7. 13. A row of four numbers 7. 14. A row of four numbers 7. 15. A row of four numbers 7. 16. A row of four numbers 7. 17. A row of four numbers 7. 18. A row of four numbers 7. 19. A row of four numbers 7. 20. A row of four numbers 7. 21. A row of four numbers 7. 22. A row of four numbers 7. 23. A row of four numbers 7. 24. A row of four numbers 7. 25. A row of four numbers 7. 26. A row of four numbers 7. 27. A row of four numbers 7. 28. A row of four numbers 7. 29. A row of four numbers 7. 30. A row of four numbers 7. 31. A row of four numbers 7. 32. A row of four numbers 7. 33. A row of four numbers 7. 34. A row of four numbers 7. 35. A row of four numbers 7. 36. A row of four numbers 7. 37. A row of four numbers 7. 38. A row of four numbers 7. 39. A row of four numbers 7. 40. A row of four numbers 7. 41. A row of four numbers 7. 42. A row of four numbers 7. 43. A row of four numbers 7. 44. A row of four numbers 7. 45. A row of four numbers 7. 46. A row of four numbers 7. 47. A row of four numbers 7. 48. A row of four numbers 7. 49. A row of four numbers 7. 50. A row of four numbers 7. 51. A row of four numbers 7. 52. A row of four numbers 7. 53. A row of four numbers 7. 54. A row of four numbers 7. 55. A row of four numbers 7. 56. A row of four numbers 7. 57. A row of four numbers 7. 58. A row of four numbers 7. 59. A row of four numbers 7. 60. A row of four numbers 7. 61. A row of four numbers 7. 62. A row of four numbers 7. 63. A row of four numbers 7. 64. A row of four numbers 7. 65. A row of four numbers 7. 66. A row of four numbers 7. 67. A row of four numbers 7. 68. A row of four numbers 7. 69. A row of four numbers 7. 70. A row of four numbers 7. 71. A row of four numbers 7. 72. A row of four numbers 7. 73. A row of four numbers 7. 74. A row of four numbers 7. 75. A row of four numbers 7. 76. A row of four numbers 7. 77. A row of four numbers 7. 78. A row of four numbers 7. 79. A row of four numbers 7. 80. A row of four numbers 7. 81. A row of four numbers 7. 82. A row of four numbers 7. 83. A row of four numbers 7. 84. A row of four numbers 7. 85. A row of four numbers 7. 86. A row of four numbers 7. 87. A row of four numbers 7. 88. A row of four numbers 7. 89. A row of four numbers 7. 90. A row of four numbers 7. 91. A row of four numbers 7. 92. A row of four numbers 7. 93. A row of four numbers 7. 94. A row of four numbers 7. 95. A row of four numbers 7. 96. A row of four numbers 7. 97. A row of four numbers 7. 98. A row of four numbers 7. 99. A row of four numbers 7. 100. A row of four numbers 7.



Number

Instructions:

1. Start at the top line.
2. Curve left, down to the mid line.
3. Curve right, down to the writing line.
4. Curve left, up to the mid line.
5. Curve right, up to the top line.

8

88

888

87

86

85

83

82



Number



Instructions:

1. Start at the top line.
2. Curve left, down to the mid line.
3. Go up to the top line.
4. Retrace down to the writing line.

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9

99

9999

98

97

96

93

92



Number

Instructions:

1. Start at the top line.
2. Curve left, down to the writing line.
3. Continue curving around up to the top line.

0

100

200

300

400

500

600

700



Numeral Review Page

Instructions:

1. Write the number.
2. Write the word for the number in cursive.

0 Zero

1 One

2 Two

3 Three

4 Four

5 Five

6 Six

7 Seven

8 Eight

9 Nine



Numeral Review Page

Instructions:

1. Write the number.
2. Write the word for the number in cursive.

10 Ten

20 Twenty

30 Thirty

40 Forty

50 Fifty

60 Sixty

70 Seventy

80 Eighty

90 Ninety

100 One hundred



Alphabet Strip

a b c d e f g h i j k l m

n o p q r s t u v w x y z

A B C D E F G H I J K

L M N O P Q R S T U

V W X Y Z

Aa Bb Cc Dd Ee Ff Gg

Hh Ii Jj Kk Ll Mm Nn

Oo Pp Qq Rr Ss Tt Uu

Vv Ww Xx Yy Zz

0 1 2 3 4 5 6 7 8 9